

work
fatigue
finances
family
change
stress
anxiety
addictions
family
divorce
family
stress
work

We are here
for you!



Contact Us

Call 1300 364 277 and tell us you are an EAP client.

We are also available after hours.

Relationships Australia Western Australia (RAWA)

Email: info@wa.relationships.com.au

Website: www.relationships.com.au

CORPORATE OFFICE:

15 Cambridge St, West Leederville, WA 6007

WE OFFER SERVICES IN:

Albany, Bunbury, Fremantle, Gosnells, Joondalup,
Kwinana, Katanning, Mandurah, Merredin, Midland,
Northam, Pilbara, Rockingham, South Hedland,
West Leederville

Relationships Australia

Relationships Australia

Employee Assistance Program

Information for Employees



We're here for you!



Your employer offers an Employee Assistance Program with Relationships Australia, which means you can access free¹ and confidential counselling services.

How can EAP help you?

You may be facing difficult and challenging times in your personal life, or have concerns about work.

Our experienced counsellors can help with issues such as:

- Stress and fatigue
- Couple and family issues
- Separation and divorce
- Conflict and harassment
- Addictions
- Anxiety and depression
- Bereavement
- Financial difficulties
- Work and career problems
- Adjustment to organisational change

We understand the struggles individuals face in life.
The initial step to seeking support is the most significant.

Confidential service

Trust is an essential part of this process. We offer a highly confidential counselling service. All personal information and issues raised will not be communicated to your employer, unless you give prior consent.

Who can use this FREE service?

Any member of your organisation can voluntarily access EAP services at no cost¹. To check if your immediate family members can use our services, speak directly to your manager or call us.

Seminars and workshops

Our seminars and workshops focus on issues such as:

- Balancing work and family commitments
- Managing conflict in the workplace
- Dealing with difficult people
- Stress and time management
- Managing fly-in fly-out relationships

Workplace mediation

We provide an unbiased and non-judgemental service where an independent professional guides individuals/groups through a problem-solving process to resolve conflicts and nurture working relationships.

Our staff

EAP employs registered psychologists, social workers, counsellors, mediators and trainers who have extensive experience working with a range of clients - organisations, individuals, couples and families.

Prompt response

We will do everything possible to arrange an appointment for a counselling session/mediation in one of our branches within 3 working days. If face-to-face appointments are not practical, telephone counselling can be arranged.



¹The cost is covered by your employer for a limited number of sessions per year.